

Coeur d'Alene Tribal Wellness Center
4-on-4 Co-ed Volleyball League

Volleyball League Rules

- All matches are best 3 out of 5 games.
- All games are played rally score (or point per serve scoring) to 15 points with a 21- point cap. The winning margin must be at least two-point until the cap of 21 points is reached (scores of 21-20 would be possible).
- The winner of the coin toss will serve first in games one and three.
- A full team consists of 4 players. Each team must have at least 3 players on the court to compete in the game. At least one player on the court must be female. (Note: if there are only 3 players on the court, the team will give up every 4th serve when the imaginary 4th team member would be serving. This results in an automatic side-out and point for the opponent.)
- You may have as many as 6 players on your roster. The roster is final once you've played your first match. Changes are only allowed in case of injury. The league coordinator must approve any late roster changes.
- If the ball is contacted more than once on your side, a female team member must make at least one contact.
- Regular volleyball rules apply:
 - 3 contacts per side (a block does not count as a team or individual contact)
 - Boundary lines are considered in bounds
 - Contact with the net by any player is considered a fault.
 - Any body part (or part there of) crossing the center line is considered a fault.
 - Walls and the adjacent court are considered out of bounds
 - Balls hitting the ceiling can be played as long as it stays on your side and you still have additional contacts left.
 - Balls hitting any other obstacle will be a judgment call by the referee.
 - Legal contacts are made with upper body only (no kicking).
 - The server can serve from anywhere behind the baseline.
 - Let serves are in play.
 - Blocking a served ball is illegal.
- The matches are refereed by the players themselves (call your own faults). Any disputes will be handled by the league coordinator. His/her call is final.
- Matches will begin at the scheduled time. You are responsible to complete your warm-up before the scheduled game time.
- No-show to your scheduled match results in an automatic default. As a courtesy to your opponents, please make every effort to contact the league coordinator if you are unable to be there for your match.